



NAMI

Ray of Hope

NAMI Seneca, Sandusky &

Wyandot Counties

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Candlelight Vigils for Mental Illness Awareness Week

NAMI Seneca, Sandusky & Wyandot Counties has scheduled a Candlelight Vigil, in honor of Mental Illness Awareness Week, in each county that we service. The dates and times are as follows:

Wyandot County - Thursday, October 6th, 7PM at Angeline School in Upper Sandusky.

Seneca County - Wednesday, October 12th, 8PM at Community Hospice in Tiffin

Sandusky County - Sunday, October 16th, 6PM at Sacred Heart Catholic Church in Fremont.

There are programs and a prayer service scheduled at each of the locations and light refreshments will be served. No reservations are required, so just come on out. For more information please contact Dennis Wolf at 419-334-8021, or toll free at 888-582-8889.

I hope to see you there!

September 23, 2005



Major Depression

Major depression is a serious medical illness affecting 9.9 million American adults, or approximately 5 percent of the adult population in a given year. Unlike normal emotional experiences of sadness, loss, or passing mood states, major depression is persistent and can significantly interfere with an individual's....

[More Details](#)

Letter From Our Executive Director

Hello to all,

I would like take a moment to introduce myself and how I became involved with NAMI.

My involvement with NAMI started about four years ago when I attended a Family to Family class in Fremont. At the conclusion of the class, I offered to help out as a volunteer, and was subsequently invited to become a member of the board of Trustees. As a member of the board, I was eventually elected Treasurer, a position I held until I resigned from the board to pursue the opening as Executive Director. During my time as a volunteer I maintained the organization's website and computers, as well as giving many presentations. I am a trained Hand to Hand instructor, and have taught 4 classes to date. I have had the opportunity to work with a great deal of family members over the past 4 years, and have learned a lot in the process.

During my time not spent with NAMI you will find me either working at my personal business or with my family. I have a wonderful wife and 4 beautiful children ranging in ages from 2 to 14. My family is my highest priority in life, and really is why I have so much passion for the job at hand with NAMI. My wife is currently a Nurse at the Bellevue Care Center, and is working on her undergraduate degree in Neuroscience and Pre Med with the intentions of going on to Medical School to become a Family Practitioner. My children are involved in Swimming, Teen Connections, Peer Mediation, Drama Club, the Fremont Community Theater, and Soccer.

I have set some pretty lofty goals for NAMI SSW that I feel we can obtain with buy in and help from those in the community. One of my short term goals is to develop and engage our volunteer base so that there is more involvement and ownership within the organization. I feel this will strengthen the organization and help us to move forward. I would also like to increase our presence with the youth that we serve, both in and outside of the school setting. A few other things that I would like to see happen is increased funding through grant writing, parent support groups, monthly or bi-monthly membership meetings, an increase in the number of education programs that we hold on annual basis, and other things. Accomplishment of this will require involvement by many within NAMI. I firmly believe that *"Together We Can Get It Done."*

Sincerely yours,

Dennis Wolf, Executive Director

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Questions or comments? e-mail us at dewolf@namissw.org or call us at 888-582-8889