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May 12, 2006

NAMI Seneca, Sandusky & Wyandot Counties Newsletter

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Eating Disorders



People with eating disorders experience serious disturbances in their eating patterns, such as a severe and unhealthy reduction in their food intake or overeating, as well as extreme concern about body shape or weight. Eating disorders usually develop during adolescence or early adulthood.¹ Eating disorders are not due to weak willpower or bad behavior; rather, they are real, treatable illnesses. The two main types of eating disorders are anorexia nervosa and bulimia nervosa.

[Find out more....](#)

Quick Links...

- [NAMI SSW](#)

Annual Fundraising Garage Sale

NAMI SSW will be holding our third Annual Fundraising Garage Sale on Saturday, May 20th. The sale will take place at Hayes Memorial United Methodist Church, 1441 Fangboner Rd, Fremont (Behind the YMCA). The sale will run from 10AM - 4PM. We will be accepting donations of items on Friday, May 19th from 6-8PM and again on Saturday, May 20th from 8-10AM. Please drop off your items at Hayes Memorial United Methodist Church. We are also looking for volunteers to help with the sale, as well as set up and clean up. If you are interested in volunteering contact me at 419-334-8021.

Turning Promise Into Practice & Out of the Shadow

I would like to thank everyone that attended the Turning Promise Into Practice conference on April 28th and "Out of the Shadow" on April 27th. The event was hugely successful and there were around 160 and 130 in attendance respectively. Thank you to all of those that worked so hard to put this event together, and thank you to the Mental Health and Recovery Services Board and NAMI Ohio for helping to fund the event.

Turning Promise into Practice Flyer

Bauman Auto Raffle

We are still selling raffle tickets for the Bauman Auto Group Big Charity Raffle. Tickets are \$5 each, and the winner will receive their choice of a Chevrolet HHR, a Dodge Caliber, or a Pontiac G6. 100% of the proceeds from the tickets that we sell will stay with NAMI SSW. If you wish to purchase a ticket please either call the office or mail a check in with a letter indicating the number of tickets that you wish to purchase. We will then fill out the tickets and return the stubs to you in the mail.

Upcoming Events

May

- 15 - NAMI SSW Board Meeting (Tiffin)
- 16 - ROH Planning Committee Meeting

- [Newsletter Archive](#) (Fremont)
- [NAMI Ohio](#)
 - 18 - Survivors of Suicide(Tiffin)
 - 19 - C.A.R.E. Meeting (Fremont)
 - 24 - C.A.R.E. Meeting (Tiffin)
 - 26 - C.A.R.E. Meeting (Fremont)
- [NAMI National](#)

[NAMI SSW Calendar](#)

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