



NAMI

Ray of Hope

NAMI Seneca, Sandusky & Wyandot Counties
Phone - (419) 334-8021
Toll Free - (888) 582-8889
www.namissw.org

Upcoming Classes

NAMI SSW is pleased to announce two upcoming classes for the spring.

Family to Family is a twelve week class is designed for families or friends of loved ones with brain disorders. The classes will be held on Saturday mornings from 10:00—12:30 at the Tiffin Developmental Center, Administration Building, Conference room 1. Classes will begin on Saturday, March 18th and will run for 12 consecutive weeks.....[More Details](#)

Hand to Hand is a nine week class for parents and caregivers of children with behavioral, emotional, or mental disorders. The classes will be held Monday nights from 6:00—8:00 at the Betty Jane Center in Tiffin. The classes will begin on Monday, March 6th and will run for 9 consecutive weeks.....[More Details](#)

Both of the classes are free, but reservations are required. Space is limited so sign up early. To register or for more information contact Dennis Wolf at 419-334-8021, or toll free at 888-582-8889.

February 3, 2006



Youth Depression

All children "feel blue", from time to time, have a bad day, or are sad. However, when these feelings persist and begin to interfere with a child's ability to function in daily life, clinical depression could be the cause. Depression is not a personal weakness, a character flaw, or a mood that one can "snap out of".....[More Details](#)

Bauman Auto Raffle

We are again participating with the Bauman Auto Group Raffle this year. Tickets are now in, so we can begin selling. The person with the winning ticket will have his or her choice of a new Chevrolet HHR, a Pontiac G6, or a Dodge Caliber. Tickets are \$5 each. 100% of the price for the tickets we sell goes to our organization, so this is a great opportunity. If you are interested in either purchasing tickets, or selling them please contact us.

Thank you to the Bauman Auto Group for sponsoring this event, and allowing us to be part of it!

NAMI WALKS FOR THE MIND OF AMERICA

NAMI Seneca, Sandusky & Wyandot Counties will be teaming up with NAMI National and sponsoring a NAMI Walk this fall. This is an exciting opportunity for both fundraising and raising awareness of mental illness. NAMI SSW is hoping to partner with other organizations in the tri county area to help sponsor and plan this event. The planning committee is now forming, so if you are interested in being a part of this exciting event, please contact Dennis Wolf at 419-334-8021 or toll free at 888-582-8889. Thank you for partnering with us for the exciting event.

Upcoming Events

February 2, 7:00PM - Upper Sandusky Family Support Group, Angeline School

February 3, 2:00PM - Fremont C.A.R.E. Support Group, Pontifex in Fremont

February 6, 7:00PM - Membership and Volunteer Meeting, Upper Sandusky

February 8, 2:00PM - Tiffin C.A.R.E. Support Group, RTA Building in Tiffin

February 8, 7:00PM - Tiffin Family Support Group, Community Hospice in Tiffin

February 9, 7:00 PM - Fremont Family Support Group

February 10, 2:00PM - Fremont C.A.R.E. Support Group, Pontifex in Fremont

February 16, 2:00PM - CIT Planning Meeting, Seneca County Sheriff's Office

February 17, 2:00PM - Fremont C.A.R.E. Support Group, Pontifex in Fremont

To remove your name from our mailing list, please respond to this e-mail with the word "unsubscribe" in the subject line.

A PDF version of this newsletter is available by clicking [here](#). Questions or comments? e-mail dewolf@namissw.org or call 888-582-8889

NAMI SSW is a Member of the United Way of Sandusky County and an Associate Member of Tiffin-Seneca United Way.