

Family to Family Education Program



NAMI

National Alliance on Mental Illness

Family to Family is a 12 week class for parents, friends and caregivers of persons with mental disorders. The class is FREE. However, registration is required.

Coursework Includes:

- Learning about Feelings
- Diagnoses
- Biology of the Brain
- Problem Solving Workshop
- Medications
- Empathy Workshop
- Recovery-Services Available
- Advocacy, Fighting Stigma

**Classes will run on 12 consecutive Mondays,
starting March 5, 2012, 6:00pm—8:30pm**

**Location: Trinity United Church of Christ
8919 South State Route 53
Mc Cutchenville, OH**

Registration is required: Please call the NAMI office: 419-334-8021
or e-mail: information@namissw.org

NAMI Seneca, Sandusky & Wyandot Counties
Building a community of hope for those living with mental illness

